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Oklahoma Acupuncture Association  
 Minutes March 9, 2015  
 Site: Harmony Healing Center in Oklahoma City

[Upcoming Meetings and Events](#)

Amit Gumman convened the meeting.

Carol Flack delivered the Treasurer's report including a synopsis of the financial report of the OKAA 2014 Symposium and the quarterly /bank account balance, debits and deposits.

Tim Williamson led discussion of the changes to the 2015 Event including

1. Changing the title to the 2015 OKAA Seminar rather than Symposium, due to:

the overall event topic of "An Integrative Approach to Medical Concerns of the Baby Boomer Generation" as opposed to a non-unified group of courses.

1. The invitation and acceptance of 7 speakers for the Seminar.
2. A recommendation to reduce expenditure for the Seminar via
  1. reducing the hourly rate for instructor payments to \$.00/hour.
  2. reducing site cost via holding the event at Harmony Healing Center,
  3. reducing the allowance for catering,
3. The projection that both lowering the cost of the seminar and holding the seminar in Oklahoma City would increase the attendance. (Projected cost for the 2015 attendee: would be less than \$200, probably between \$110 and \$150. The break-even point for a \$150 attendance fee would be 17 attendees. It was noted that the break-even point for the 2014 Symposium was unknown and the point for the 2013 Symposium was 30 attendees.)
4. The submission to NCCAOM of the request for PDA approval for proposed courses to occur within the next 10 days.

Shirley Nicholson questioned the maximum number of attendees which the Harmony Healing Center event room could contain. Dr. Gumman stated that it could contain 55 seated and 75 not seated; therefore the maximum number of attendees would be limited to 50.

Tim Williamson noted the planned Seminar would be held the first week in October with individual topics as follows:

1. Herbal Treatment and Diagnosis, 2 hours by Dr. Li.
2. Western Medicine and Oriental Medicine Viewpoints on Diagnosis and Treatment of Diabetes.
3. Western Medicine and Oriental Medicine Viewpoints on Diagnosis and Treatment of Hypertension and Congestive Heart Failure.
4. Western Medicine and Oriental Medicine Viewpoints on Diagnosis and Treatment of Orthopedic Problems and Joint Replacements.
5. Cancer – An Integrative Approach – Early Screening, etc.
6. Diet and the Elderly
7. TaiJi and Qi Gong (to be held on the adjacent property).

Tim Williamson noted that the projected 14 hours of PDAs is in accordance with NCCAOM yearly guidelines if CPR is included. The cost for PDAs is estimated to be less than \$10/hour

Dr. Amit Gumman proposed that the catered veggie option meals would be Ready to Go to minimize time demands and estimated \$200 or less plus meals.

Shirley Nicholson proposed that \$200/attendee include meals and then moved to fix that cost. The movement was seconded and approved.

Dr. Xiaohai Li proposed a mealtime class be held as was done for the 2014 Symposium and group discussion supported Ethics or Safety to be the mealtime topic.

 [chinese acupuncture chart](#)

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Shirley Nicholson and Dr. Amit Gumman discussed who would be a good choice for the mealtime presenter, and mentioned Brandy Valentine as a possibility. Dr. Gumman stated that Dr. Eidenheimer, geriatrician and professor? , would be available for a one day forum or possibly a mealtime presentation on Safety for Elders.

Dr. Gumman also suggested that it would be good to have her speak at a dinner, post Seminar- at Gopuram.

Tim Williamson state that he thought that would be a 1 hour PDA in the the Safety Ethics area.

Brandy Valentine read the minutes from the last meeting.

Shirley Nicholson questioned the 3 categories of members and stated that she thought 15 hours per year had been approved for continuing certification.

Dr. Yang explained the 3 different categories: general, certified and student, and noted that a number of required annual CEUs previously approved would continue to be required to maintain certification.

1. He thought that PDA format for renewal had been approved previously. I had been in the following fashion: a. 10-12 hours

- b. 8 hour
- c. 2-4 hour elective
- d. CPR course

1. Additionally he said if a certified member does not meet the PDA requirements, they would not be penalized if they have a stable history of keeping current with the annual \$50.00/year dues payment.

1. Conversely, if a certified member does not pay the \$50.00/ year dues would be

penalized and have to restart with the \$150.00 application fee.  
(Brandy Valentine suggested that this information be sent to her to place on the website.)

1. He also clarified the process of filling out an application mailing to Dr. Yang for review and suggested that Brandy might consider being involved in the review process.

- 1. General
- 2. Certified
- 3. Student

Discussion was held on the categories.

Dr. Gumman moved to vote on the categories.

Shirley Nicholson stated for the past 3 years 15 PDAs per year had been required by the OKAA and noted that this requirement was the same as NCCAOM.

Dr. Gumman recommended keeping the 15 hours/year PDA requirement for certified members.

Dr. Yang stated there was not governance history that could be followed and no history of motions and actions, for example the 5 hour PDA requirement. He suggested that all of the records of passed measures be kept in a place where they could be easily accessed and researched when there was a question.

Dr. Gumman proposed a vote on the 15 hours PDA requirement for certified members.

Brandy V. moved to enforce the 15 hour CEU requirement for certified members.

Dr. Yang stated that out-of-staters would not be allowed to participate in our CEU program.

Shirley N. agreed.

Tim suggested that the OKAA would be responsible for 15 hours of CEUs annually and would add links to the website where free CEUs can be obtained.

the movements was seconded. A vote was held and the categories were approved. ( I would like to attach the form here, if it is the same one that I sent to Brandy, if not send me the one you would like to attach.)

Dr. Yang questioned if the OKAA website would become a space where sales could be pushed.

Dr. Gumman proposed that no commercial interest would be allowed on the website unless it was for the purpose of promoting one's own business.

Jeff Nicholson objected stated that a doctor selling vitamins on his own website should be ok.

Shirley N. questioned allowances for posting on the OKAA website and suggested further investigation into the matter.

Tim W. agreed there should be some clarification on what could be posted on websites linked to the OKAA website.

Dr. Gumman stated that no secondary commercial interests should be allowed on the individual websites linked to the OKAA site.

Brandy V. stated that individual websites will be reviewed to see if their link will be includable on the OKAA website. That decision to include or not should be at the discretion of the board.

Shirley stated that member practitioner credentials and email addresses should be included on the OKAA website.

Dr. Yang suggested to table this discussion for now and asked if there was desire to move on the 15 hour CEU requirement for certified members.

Shirley suggested a motion that a current CPR card be required. There was some discussion on which type of CPR card would be acceptable. It was generally agreed that the same requirement as the NCCAOM would be ok.

Mark Hovis stated the EU requirement for certified members would be an incentive to attend the OKAA Fall Seminar.

Dr. Yang moved that renewal for certified members require 15 CEUs.

Shirley N. and Dr. Amit G. noted the requirement to 15 be 15 CEUs and CPR. Tim W. noted that he would be certain to assure that Fall Seminar would meet the core 15 and elective requirement for CEUs.

The motion passed.

Dr. Amit Gumman demo'd a PowerPoint of the suggested logo which had been chosen by an officer's committee.

Shirley Nicholson stated that there had been no agreement to allow the officer's committee to choose a new logo.

Dr. Amit Gumman moved to vote on the logo. Time W. seconded the motion. The rectangular bounded logo of the OKAA seal with founding date was voted on and passed replacing the previous unbounded design version of the logo.

New Business concerns were requested by Dr. Gumman:

1. Brandy stated that only Lars can change our website,, yet all members can check the minutes. The Login is OKAAmember2014 The Password is: un8kGdrNVU
2. Amit Gumman proposed adding the words “established 1987” to the new logo. Tim W. seconded; the change was approved.
3. Brandy mentioned that Bill 615 was new business.

Attendee Scott Rigsbee’s contribution to the Bill 615 debate was “Kill the Bill and Sue the FDA and AMA.”

Tim Trujillo stated that governance under the AMA was not an issue.

Dr. Gumman suggested that Bill 615 would be discussed after the CPR course, later in the day.

1. The next meeting was scheduled for the second Sunday in June, June 14, 2015. Shirley moved that the meeting be held at Angela’s home in Tulsa. Amit seconded, and the motion passed.
2. New persons attending the meeting were introduced:
  1. Aletha Bigher, Scott Rigsbee’s student
  2. Ho Mei MA, a doctor from China, now living on Owassee
  3. Ashley Austin, CTCA
  4. Dee Long, student of Doctor Chen of the Royal Medical Group

1. Timothy Trujillo bought a book for \$15.00

Shirley N. moved that the meeting be adjourned.  
Tim W. seconded.  
The meeting was adjourned