

Registration Form:

(One form per enrollee please)

Name: _____

Address: _____

Phone #: _____

E-Mail: _____

Early Bird Special:

(Ends September 25th 2017)

One day only = \$135

Saturday October 7th (_____)

Or Sunday October 8th (_____)

Both days = \$270

Regular Registration

One day only = \$170

Saturday October 7th (_____)

Or Sunday October 8th (_____)

Both days = \$300

Student of Acupuncture rate

One day only = \$135

Saturday October 7th (_____)

Or Sunday October 8th (_____)

Both days = \$260

Meals and snacks are provided:

Saturday Lunch and Dinner

Sunday Breakfast and Lunch

Vegetarian options available with all meals

Refund Policy:

Full refund before September 25th 2017

80% refund after September 25th 2017

Mail this registration form to:

OKAA

Harmony Healing Center

3701 NW 62nd St.

Oklahoma City, OK 73112

15.25 hours of NCCAOM PDA's

The location of the Seminar is:

Harmony Healing Center

3701 NW 62nd St

Oklahoma City, OK 73112

Acupuncture Seminar

Provided by:

Oklahoma Acupuncture Association

Saturday and Sunday

October 7th and October 8th

“TCM as a Basis for Treating Psychiatric and Emotional Disorders”

Topics include:

The TCM history and perspective of Psycho/emotional Disorders

Healthy cooking and eating habits for Emotional Wellbeing

Emotional Freedom Tapping

Treatment protocols for PTSD

TCM as a Basis for Treating Psychiatric and Emotional Disorders

We will discuss the TCM view on the psychological state and the 5 spirits that make up our consciousness.

Our lunches over the two days will incorporate a working “hands on” lunch again like last year and demonstrate healthy eating for our emotions and mental health. And the Brain – Gut connection.

Saturday Evening we will be having a working Dinner discussing Ethics with Dr. Amit Gumman.

We will isolate several specific psychological and emotional health issues and discuss them from their TCM perspective.

Topics within the realm of Food and medicine that will be discussed are:

Saturday October 7th

TCM as a Basis for Treating Psychiatric and Emotional Disorders”

Tim Williamson will start the symposium off with an introduction to the five elemental approach to shen disorders and emotional imbalances. We will discuss western medical as well as the TCM approach to treatment and diagnosis. We will also discuss the Brain – Gut connection.

Hands on Cooking – Exploring the Brain – Gut Connection

Everyone will participate in the preparation of two meals during the course of the two day symposium. Meals that are provided during the symposium are Lunch and dinner on Saturday, and lunch on Sunday.

Anxiety, Depression, and PTSD

These three types of problems effect as much as 50% of our population. The discussion will include case presentations as well as TCM supplemental treatment and dietary support.

Emotional Freedom Technique (EFT)

Guest speaker Monica Murray will give an in depth discussion on the history, and use of EFT for Emotional problems. Monica’s practice includes Meditation, Reiki, Tapping, Chakra Balancing, spirituality, relationship building and peace resolution. Time will be allowed for hands on work in the use of EFT.

Yoga, and Mindful Meditation

Dr.’s Amit and Bintee Gumman will be demonstrating Yoga, laughing Yoga, and Mindful Meditation for Mental Health. With hands on involvement of the entire class during each of our breaks, we will be practicing these techniques.

Ethics over Dinner

Dinner is provided at a local restaurant, where Dr. Amit Gumman will discuss Ethics issues and your Acupuncture practice after dinner is served.

Sunday October 8th

Autism, ADD/ADHD, and Tourette ’s syndrome

Psychiatric and Emotional Disorders are not restricted to adults. This lecture will discuss the most common disorders of the Shen as they pertain to

children.

Eating Disorders, and Addictions

At least 30 million people of all ages and genders suffer from an eating disorder in the U.S. Every 62 minutes at least one person dies as a direct result from an eating disorder. Eating disorders have the highest mortality rate of any mental illness. Eating disorders can be a form of an addiction, just like narcotics or nicotine. Treatments for Addictions will be discussed and demonstrated.

Dementia, Alzheimer's disease, Schizophrenia, and Bipolar disorders

Alzheimer's disease is the most common cause of intellectual decline and dementia in the elderly, affecting approximately one out of 10 people over age 65 and nearly half over age 85. This interactive discussion will discuss early detection and treatment of Dementia, as well as Schizophrenia and Bipolar disorder.